



The School District of Palm Beach County, Florida

Wellness Promotion Policy (2.035)

Meeting Notes

Date:

October 15, 2014

Topic:

Wellness Promotion Task Force (WPTF) – 1st Meeting (FY 2014-2015)

School District Goals:

Effective Governance

Customer Service

Safety

Current Policy, Procedure and/or Situation:

Wellness Promotion Policy (WPP) (2.035)

Meeting Attendees:

Allison Monbleau	Donald Cavanaugh	Linda Ashkin	Perry Borman
Alyssa Handeland	Donna Doonan	Lisa Richman	Rebecca Stockman
Amanda Jolly	Elly Zanin	Lori Dornbusch	Reese Bester
Amy Crease	Fred Cahill	Maggie Prieto	Rick Lewis
Amy Gyau-Moyer	Geoffrey Sagrans	Mahsha Butler	Robert Canane
Ann Faraone	Ginny Keller	Maria Camacho	Robin Nierman
Anne Hedges	Ihosvany Gonzalez	Mario Aguilar	Robyn Raye
Bonnie Rawlins	Jackie Vega	Mark Murray	Robyn Riley
Brenda Galie	Jaclyn Anez	Marsha Fishbane	Roger Pineda
Brian Thomas	Jamie McCarthy	Matt McNabb	Rudi Bester
Brianna Green	Jane Solomon	Maureen Schour	Sara Jones
Brooks Hannula	Janet Duncan	Melissa Mulvaney	Seth Bernstein
Bruce Harris	Jeannine Rizzo	Melodie Griffin	Shannon Phelps
Cathy Burns	Jennifer Magrath	Michael Burke	Stephanie Wagner
Cheryl Phillips	Jim Pickering	Michael Kane	Steve Bonino
Christina Daugirdas	Jimmy Peterkin	Michael Vennett	Summer Held
Christina Davis	Joanne Cannavo	Miguel Benavente	Susan Diaz
Christine Koehn	Jocelyn Skolnik	Mindy Haas	Susan Toth
Cindy Hughes	Kay Stagray	Nancy Villarreal	Tanya Greer
Connie Siskowski	Kelly Gilbert	Natalia Powers	Theresa Goulet
Courtney Burke	Kevin McCormick	Nathaniel Smith	Thomas Clark
Cynthia Clayton	Keith Oswald	Nicole James	Tom Aguanno
Danielle Navarro	Kim C. Williams	Oceanna Faget	Troy Wilkinson
Debbie Bester	Kim Mazauskas	Pat Stevenson	Ulrike Vernachio
Debbie Neeson	Krista Coquillet	Patrice Schroeder	Wendy Barhydt
Denise Griffo	Kristen Naurocki	Patricia Martin	William Stewart
Deva Genest	Kristina Rodgers	Paula Triana	
Diane Evans	Lee Kolbert	Paulette Burdick	



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Discussion/Progress:

The meeting began at 8:30 a.m.

Seth B. Good morning. I am here today as the fill in co-chair for Steve Bonino with Paula Triana for the 1st District's *Wellness Promotion Task Force* (WPTF) meeting of the school year. I am a staff member at Boys Town South Florida working in partnership with The School District of Palm Beach County for the last 20 years. We would like to start with the *Pledge of Allegiance* led by Ms. Paulette Burdick.

Thank you. It is so nice to see so many faces in the crowd; thank you to the new folks who attended today. To start us off I would like to read the *Wellness Promotion Task Force - Mission Statement*:

- "The *Wellness Promotion Policy (2.035)* creates a forum to educate the District and community partners to successfully collaborate in promoting healthier lives. With the District's ultimate goal of improving student performance, the direction of the *Wellness Promotion Task Force* is to encourage a proactive approach to holistically address the health, wellness, and safety for all school children and staff, parents, and the community."

Let's please keep this mission in mind as we go through our morning meeting. Welcome again, I will turn it over to Paula to get us started.

Paula T. Good morning. It is so nice to see all of you today; we appreciate your attendance. We have a full-pack agenda and we would like to first start with our Ice Breaker.

Ice Breaker video: <https://www.youtube.com/embed/uaWA2GbcnJU> -- 3:06 minutes

Paula T. We want to thank you all of being here. This video is very touching; it is all about unconditional giving. Sometimes we do not realize how we make a difference in someone's lives. We are starting the 9th year of the District's *Wellness Promotion Task Force (WPTF)* in action and I am very excited to be here to make sure this year we continue growing, doing and giving more, supporting our community, and supporting our children. With that I would like to also welcome Mr. Mike Burke, Chief Operating Officer, and Mr. Keith Oswald, Chief Academic Officer. Thank you so much for being here.

Mike B. Good morning everyone, I was getting a little choked up from that video.

Every time we get a nice group of people together like this we are taking the opportunity to share with you an issue that the School District has on the November 4th ballot. We do have a one minute video that has a direct impact on the wellness of our students.

Referendum #2 Video: <https://vodcast.palmbeachschools.org/player/MKQ9Y> -- 1:09 minutes

Just to review that quickly with you, this is a continuation, not a new tax. It is a 0.25 mill levy supporting education that has been in place for the last four years. But it has actually been in place, in one form or another, much longer than that – around 20 years plus. When we went through the recession the legislature had to change when the School Board lowered their taxing authority. Our School Board was able to levy this, or continue this levy for two years by super



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majority vote and then the law required to keep it beyond that. They then had to go to voters. We were fortunate to have a community who supported this – it passed by a two-thirds vote in 2010. We are hoping to get that same kind of support this November 4th. It is \$36 million dollars per year which is \$200 dollars per student so if this were not to pass the impact would be devastating because if you think of an elementary school with 1,000 kids, that is \$200,000 dollars. This supports what we call our fine arts classes in elementary schools (art, music, and physical education) and all of our Choice programs throughout the District: middle and high schools that have choice programs, school of the arts, IB programs, career academies, etc. They are all dependent on this funding source. This is really what allowed The School District Palm Beach County to avoid cutting those programs as we went through the recession. We saw other districts around the state that had to cut their arts programs. Our community really safeguarded those programs through this referendum; we are proud of that and we feel it is an important part of the whole student and their educational experience. It serves over 90,000 kids in 120 schools. As the video said, it is 0.25 cents per \$1,000 dollars or \$25 dollars per \$100,000 dollars of assessed value after any homestead exemption. It is not a huge levy, but it would have a huge impact on the District.

We do have an independent oversight committee made up of 13 community members. Each quarter we get together and we show the expenditures of exactly how we spent the money. There has never been an issue; it is pretty cut and dry because we basically show the payroll record of 533 teachers that are funded through this referendum.

There is a lot of language that you will see on the ballot; you have to navigate to the end. We will be down there along with Children's Services Council of Palm Beach County under County Referendum Issues. We want to make sure people get to the end of the ballot.

We have made a personal commitment to this referendum; Superintendent Gent asked that I get the word out as much as possible. Again, we are running an educational campaign; we do not advocate we just try to raise awareness.

I appreciate your attention. Just to bring us back to wellness, a quick personal story. As an administrator I have always embraced wellness and what it does for our District. A couple weeks ago I joined a gym with my wife, I have changed my diet, gave up coffee and coke. I am feeling much better. I like the Apple a Day campaign; I had an idea this morning when I realized that I prefer bananas, so I might push for a "Going Bananas" campaign to eat a banana a day. With that I would like to now hand it over to Mr. Keith Oswald, my counterpart on the academic side.

Seth B. As Mr. Oswald is approaching the podium, I would like to acknowledge him and congratulate him on the interim Chief Academic Officer position. They could not have picked a better person for this position, so congratulations.

Keith O. Thank you, Seth. I appreciate that. I want to welcome you all here today but before I say a few remarks we are fortunate enough to have the superintendent here who would like to say hello to you and wish you well.

Wayne G. Good morning. The referendum is very important; it is a vital function in our School District as Mike went through with you. It is about well-rounded students. Healthy, total, whole



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students. We want our students to have those options. The community has been very supportive of the arts, physical education, and the career academies. We are the highest performing urban school district in the state of Florida. We know this is because of a well-rounded curriculum that the students of Palm Beach County receive through their teachers and their school centers. Wellness is important; when I look around the room I see a lot of community partners. One of the things we would like to continue to expand upon are those partnerships, building bridges, tearing down walls, and having strong relationships. I appreciate everybody in the WPTF. I had my yellow apple this morning; I have not participated in Mike's "Go Bananas" campaign, but it could happen, we do have a School Board meeting tonight so you never know.

Again, in all sincerity, we appreciate you being here, everything you do, and your support of the District, particularly of our programs and our students. This is really all about teaching and learning in spite of all the things that are happening and all the changes that are made, it really boils down to the teacher and the student and what goes on in the classroom every day. It is great to see everyone here and I hope you have a wonderful meeting. Thank you.

Keith O. Good morning. I am looking forward to working with all of you in this new role as Interim, Chief Academic Officer. Ms. Cheryl Alligood retires as of this Friday and will be enjoying some leisure time working on her wellness which I am sure she is very much looking forward to. I have worked with many of you throughout the years. As Mr. Gent said, it is the partnerships. The message from that video that played earlier, "believe in good," that is what you all do. Everybody that I have worked with in here, you all believe in the good and you believe in the students to make this society better. I just want to thank you for what you do for the students of this District. I am looking forward to being part of the WPTF so if there is anything I can do to help you in this new role, please do let me know.

I would like to share a little bit of advice. Last week I attended a John Maxwell Company seminar that they have on an annual basis. They have different speakers who talk about leadership. One of the speakers gave us some advice. We always talk about physical health, but he talked to us about the mental health piece and what we feed our brains. I tried this, and although it has only been about four or five days, it has been working pretty well. He talked about the first fifteen minutes of our mornings; what do we feed our brain during that time frame? My habit used to be to turn on the news and listen to what crisis is happening in the world. I had to ask myself how that impacts my mental state for the rest of the day. So I have changed that habit; I put on Pandora – the Enya station. For fifteen minutes I make my coffee, listen to music, get in the shower, and *then* turn on the news. I think it has really helped. So think about this, and determine how your first fifteen minutes affect the rest of your day to be in a good mental state.

Thank you for your partnerships, thank you for everything you do. I am looking forward to working with you in the future. Have a great meeting.

Seth B. I just wanted to thank Keith, Mike and Mr. Gent for coming this morning. Thank you for Keith's inspirational words of change and wellness. Of course, this referendum seems like a no brainer, so please get out there and vote.

Paula T. What a wonderful turnout and participation this morning. We are probably going to



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have to open up our side doors eventually to have more chairs available. We will now move into the *Wellness Promotion Policy (2.035)*. As you know, it was a mandate in 2006 that school districts had to establish *local school wellness policies*. We have revised our *Wellness Promotion Policy* three times since its inception; May 2012 was the last time we revised it. We have been working this year with many stakeholders to edit, tweak and revise our policy. Because of new mandates, nutrition standards, Smart Snacks in School guidelines, and so on, we need to update our policy. I know that Mr. Bruce Harris is here from our Legal Services Department. He has been instrumental in the revision process since inception. Soon enough you will be getting this policy; it is getting longer, but we want to revise it in a way that it is not so long and easy to follow through. It does have a lot of information and we are working closely to make sure that all school centers and administrators understand and comply with the policy. With that, one of the processes that we are doing is we are communicating through bulletins and we are making sure that each school establishes an assistant principal and a wellness champion to serve as ambassadors at the school centers and in departments. We are sending another bulletin to make sure that compliance is being followed. Now the regulations require that we have assessments on the compliance of this policy. We are required to have triennial assessments; we may be doing annual assessments at first. This month, we will be sending a questionnaire to all school levels via a bulletin. It will start small, just assessing how the policy is being implemented and complied with. As we put that information together, we are hoping to keep working on this policy. I want to thank you all because you are instrumental in the process and in our growth. Your information is so valuable and we try to infuse it as much as possible.

As you know, this is our 9th year of our Task Force. In the policy it states that we are to present to the School Board and to our District leadership, a workshop on wellness. When we started, we had an hour and half presentation, but we have tweaked it down to about a ten minute presentation. At this time, we are honored to have a tentative spot in the January 28, 2015 School Board Workshop. As we reach out to you for support and help, or maybe even standing up and doing the presentation, please help us because it is always nice to see the variety and the change, and the transformation that we have experienced through the years. Thank you.

With that I will start the presentations. I am honored to have Mr. Perry Borman from the Palm Beach County Food Bank. He will talk about our continued partnership with the *Soul Source Project*.

Agenda's Presentations & Discussion -

3rd Year ~ The District and the PBC Food Bank ~ Soul Source Project -

Perry B. Thanks Paula, I really appreciate it. I want to thank Paula, Allison, and Steve. When I started at the Food Bank back in early 2012, Steve and Paula were one of the first two people I actually went to see. The *Soul Source Project* is a partnership between the Palm Beach County Food Bank, the School District, School Food Service, and the Wellness Promotion Task Force. It is a food drive, and we are entering our 3rd year. I cannot thank the School District enough for the support and the partnership. The needs in our community continue to be very high. The Palm Beach County Food Bank serves more than 100 organizations on the front line of hunger



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relief. Any amount of food that we can collect and distribute to those organizations doing the hard work every day of feeding hungry children and families is really important. We actually collect food here in this building before each Task Force meetings, and three times per year in the schools centers through the support and assistance of the School Food Service Managers. Again thank you so much; over a three year period we have collected over **9,000** pounds of food. Thank you for the support.

Paula T. I would say that we have refined the *Soul Source Project* campaign. This is our 3rd year and we now have marketing carts in this building stationed near the elevators to motivate people to donate a week and a half prior to the WPTF meetings. It is all about “*People Helping People*” and supporting each other. For the first time we have had the privilege of infusing this non-perishable food collection into the Learn Green Conference and were able to ask every person who attends the conference to bring some non-perishable food items. Also, as Perry said, our School Food Service Managers are the conduits at the school centers to support this campaign and school administrators receive a bulletin at the beginning of this school year announcing this partnership and collection periods. We look forward to a great collection outcome this school year.

Now we will have Mrs. Christina Davis, Sustainability Coordinator from Environmental and Conservation Services Department to talk about our *Green Ribbon Schools Award* that the District received in 2013.

Green Ribbon Schools Award – U.S. DOE’s Green Strides Tour –

Christina D. Good morning. Together as a district, we compiled an application, a pretty good one apparently, and won the United States Department of Education’s *Green Ribbon Schools Award* as a District in 2013. The year prior to that, Pine Jog Elementary won as a school, so we built upon what we learned in that process and won as a district. As a part of our prize, we were given the chance to show off a little bit. On September 4, 2014 a delegation from the U.S. Department of Education, the Florida Department of Education, and a number of other government agencies came for a visit. We took them on a tour of Pine Jog Elementary, Pine Jog Environmental Education Center, and Galaxy Elementary. The day was very fun filled. We had a panel discussion where we talked about the three pillars that the application was based on and gave them a whirlwind tour of how we do “green” in our county. They were very impressed. They visited Broward as well, and told us later that the South Florida leg of their tour was the best they had ever seen. The District’s The Education Network (TEN) put together a video...enjoy.

Green Ribbon Video: <https://vodcast.palmbeachschools.org/player/JR070> -- 3:38 minutes

Christina D. One of the things the video did not really speak to is that one of the pillars that we were really strong in is how we encourage health and wellness for both our employees, and in the school centers. Allison was on the panel and really spoke well about how we bring health and wellness initiatives to the students. We believe, and what we tried to articulate that day, is that *Green* schools go beyond the “brick and mortar.” It has more to do with what we do on a regular basis with our students, whether it is teaching environmental sustainability or teaching



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personal responsibility as it comes to health and wellness. I think we do a really good job of that, apparently the U.S Department of Education agrees, and I think groups like the *WPTF* help to deliver that message. Let's keep up the good work.

Paula T. I want to thank Christina; she did a fabulous job coordinating and putting together that event.

Next, I would like to invite Mrs. Melodie Griffin from Action for Healthy Kids. She is the Florida State Coordinator who is going to announce a little bit of good news for Palm Beach County.

Florida Healthy School District – Gold Level –

Melodie G. We are so excited to present The School District of Palm Beach County with the Florida Healthy School District – Gold Level Award. It is important to note that this award was created by the Florida Coordinated School Health Partnership and Florida Action for Healthy Kids because we want to reward and recognize those districts that have gone out of their way to put in place infrastructure, policies, practices, and programs that support the eight areas of Coordinated School Health. These are some areas where you have done really well: health education, physical education, health services, employee wellness (I would like to highlight this area because you had one of the highest scores in this area in the state), healthy school environment, family and community involvement, and district infrastructure (which was also one of the highest scores in the state.) So you guys not only achieved Gold, you broke the barriers and are a true leader throughout the state of Florida. We are excited to announce that these are our partners: Florida Action for Healthy Kids, Florida Coordinated School Health Partnership, and last year the Florida Association of District School Superintendents came on board which shows that this is a really important award. We received funding from Florida KidCare this year as well. We really want to congratulate you on behalf of all of these organizations for the work that you do to support academic achievement, and supporting your staff in being healthy role models.

Paula T. When we first completed the assessment tool - we achieved the Silver Level Award (2009-2011) and two years later - we achieved for the first time the Gold Level Award (2012-2014). It is exciting to know that the District is maintaining its Gold Level Award (2014-2016) status for two additional years. This was not an effort done alone; this was because of each of your efforts and contributions. Since many of you probably will not be able to attend the School Board Meeting tonight, I would like to invite anyone who participated in completing the required assessment tool to come up and take a photo together. I also would like to invite Dr. Marsha Fishbane from the School Health Advisory Council to be a part of this recognition.

Photo taken of those who collaborated on the Florida Healthy Schools District Assessment.

Paula T. I would like to introduce Vice Mayor, Paulette Burdick - District 2 County Commissioner to come to the podium and honor us with a wonderful presentation on Agriculture Reserve.

Board of County Commissioners – Agriculture Reserve –

Paulette B. Good morning, I am honored to be here with you to talk about two things. The first



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is the election coming up on November 4th. The School District of Palm Beach County cannot tell you how to vote, but I am asking you to vote for the 0.25 mill levy for the art, music, and physical education teachers. It is the last one on the ballot. Please take five unlikely voters to the polls this year; this is a critical election year. Please also vote all the way down the ballot. There are three Florida Constitutional Amendments on the ballot and two put on the by the County. I am asking you to vote “Yes” on all of them except number three. Three has to do with the judges.

The county commission does not have policies per say, we have a comprehensive plan. There are fifteen elements in that plan. This one that I will be discussing today is about growth and development. In our plan it is divided into a tier system. It began development in the 1980s but it was finalized in 1999. Of those tiers, most of us live in the urban and suburban areas; this makes up 90% of the population. We also have an exurban and rural tier, and a Belle Glade tier. We have an *Agricultural Reserve Tier*, which in the late 1990s you all approved a plan developed by the County Commission and agreed to tax yourselves \$150 million to support that plan. If you check your tax bill, you are still paying on that plan. The plan was adopted to preserve and enhance agricultural activity in Palm Beach County, protect the environment and water resources, and only allow low density housing in the area. This past year, we had a group of developers and land owners come to the County Commission and ask us to tweak that plan. In my opinion it is a very bad idea. This small area is unique to the United States; it rarely ever freezes there and is the number one winter growing vegetable area in the nation. This plot of land feeds America. This is where we get our fruits and vegetables. This is *health* and *wellness*. We all recognize that hunger is real. Not only in Palm Beach County, but across the nation. One in four of our children go to sleep at night hungry. Those that want the County Commission to tweak this plan want to build more rooftops in the area. I am asking you all to become ambassadors in your community. If you would so choose to email me, I will keep you on a list and provide you with more information as it comes forward.

I want to thank you all for what you are doing. The numerous awards you receive are outstanding and you truly raise the bar for health and wellness in Palm Beach County and the state. I want to congratulate Paula and all of you.

Seth B. Thank you so much Ms. Burdick, it is always a pleasure to have you here and to hear what you have to say. We appreciate it.

Paula T. Next we will have our Power Up With Breakfast campaign progress update by Mrs. Lori Dornbusch.

“Power Up With Breakfast” Campaign Progress and Sharing Table –

Lori D. Good morning, everyone. I have had the pleasure of speaking to you for quite a few years about the School Breakfast Program and it never gets old for me; sharing information with you is exciting every year. Many of you know that we have been growing our breakfast program for many years. We are in our tenth year; each year we added more schools. For the last two years we have offered free breakfast to all schools and every student in Palm Beach County. We have been implementing our campaign, “Power Up With Breakfast....it’s free” in all schools. Our staff has served more than 300,000 more breakfasts in September 2014 as



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compared to September 2013. We served nearly **8 million** breakfasts last year. We are very proud of that. Marketing has been a very important factor in our success. We began marketing our campaign with a simple rocket ship that was going up into the clouds and we have graduated to this (shows marketing posters), thanks to our wonderful graphic designer, Mr. Robert Canane at School Food Service. We have created age appropriate marketing posters. The first one says, *“When I grow up I’m going to be a scientist and discover life on distant worlds, but first....breakfast.”* This is posted in our elementary school dining rooms even at lunch, to remind children to have breakfast with us the next day. The middle school poster says, *“You would be amazed at what you can achieve on a full stomach.”* The high school posters say, *“You will be amazed where your mind can take you on a full stomach.”* We also produced a School Meal Programs marketing booklet that was mailed to every student’s home in Palm Beach County to share with their families the services that we provide. Not just Free and Reduced Meal applications, but also our Afterschool Snack Program and Transportation information. We will continue to develop marketing concepts to spread the word about free breakfasts because studies show that children who are arriving to school hungry have less energy available for cognitive and social activities resulting in learning disabilities and difficulties. Simply stated, *“hungry children cannot learn.”* That is why eating a nutritionally sound breakfast every day has been identified as a key component to children’s ability to learn. Our department’s vision of **“Kids First”** will continue to be a priority to get the word out about the benefits of school breakfast.

Next - I have something really different and unique to share about our School Food Service program. We have instituted *“sharing tables”* in our elementary, middle, and high schools. They are open to any program that would like to use them. The concept is that if a school is serving the National School Lunch Program, we institute in Palm Beach County the Offer versus Serve (OVS) option where students must choose three, four, or five items. Those items are meat/meat alternate, grain, fruit, vegetable, and milk. Students must take at least three of those five components. Sometimes, they cannot eat them all or their little eyes were bigger than their stomachs which is why we have instituted *“sharing tables”* in the cafeteria. We keep bins at these tables full of ice so when a student finishes their lunch they may put any sealed, unopened item (or a fruit with a peel) in these bins to share with others. Other students can then take food from this table. These students might still be hungry, or perhaps they brought their lunch from home and would like to supplement with something from the sharing table, or maybe they just forgot their lunch altogether. We are having great success with the *“sharing tables.”* We also have allergy alert signs for children with allergies so they can get assistance from the School Food Service Manager when choosing food from the *“sharing table.”* This is a quote from Mr. Barry Katz, School Food Service Manager at Forest Hill Elementary. *“At the end of the day we were able to collect and donate over 100 cartons of milk, 100 cartons of juice, not to mention a handful of yogurt, applesauce cups, cheese sticks, and muffins. This is all food that would have been thrown away. What was even better was seeing students who were still hungry or thirsty go up to the table and enjoy some additional food.”* This is also food that did not go to the landfill, which is exciting. It is a win-win for all; the assistant principal at one of the middle



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schools emailed me and said, “thank you so much for this program; it has really been a great way for children to supplement their meals.” Thank you for this opportunity to present.

Paula T. Thank you Lori.

Next - we are privileged to have Mrs. Susan Toth from FAU - Pine Jog Environmental Education Center to give us a short presentation on the upcoming Learn Green Conference.

2014 Learn Green Conference –

Susan T. I first want to start off by thanking Paula and the WPTF for giving us this time to share our information with you. The conference is something that we have been doing for six years now in Palm Beach County. You have heard a lot of stories about how Palm Beach County is a leader and on the cutting edge of so many initiatives dealing with health and wellness. This is really another one because a “Green School” is really a healthy school. This is truly a partnership between FAU Pine Jog Environmental Education Center and The School District of Palm Beach County. We could not do this without the District’s support, especially Mr. Steve Bonino’s division. The Learn Green Conference is scheduled for this coming Monday, October 20, 2014. It will be held at A.W. Dreyfoos School of the Arts. This is a non-school day for students but it is a teacher work day/professional development day for employees. So what exactly is the Learn Green Conference? It is a one day event where people throughout the community (teachers, administrators, students, community members, and business - both local and throughout the state) come to learn about best practices for “greening” our school campuses. We do a conference format with concurrent sessions, a keynote speaker, a wonderful exhibit hall, and we serve a healthy lunch from Whole Foods Wellington who has been a partner on this from the beginning. It is a great day for professional development. All attendees can come and learn about community partners who can help them green their schools. Several years ago we opened the conference up to various school districts in the state. This year we have nine different school districts that have representatives attending the conference. Right now our registration is at about 850 people. One of the things we decided early on, that we wanted this conference to be about, was the sharing of practical ideas that schools could take back with them and implement. Online registration ended this past Friday but you can still attend by registering at the door; it is \$30 dollars for teachers and administrators, \$5 for students, \$30 for nonprofit businesses, and \$60 for for-profit businesses. I would love to invite all of you to attend. You can learn more about this conference on our website www.learnconference.com. Thank you.

Seth B. Susan thank you very much for that overview we hope many will attend and enjoy the excitement of this Learn Green Conference.

Paula T. Thank you for being here Susan. It is really an amazing conference. This year we have signed up all of our School Food Service managers and office employees to attend. We are very excited because they are key players at the school centers to infuse and support ideas.

Horace Mann – 3rd “Healthy School/Well Workplace Awards” –

Paula T. Next, we are always excited to support our school centers and thanks to the partners



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that we have, we are able to receive some financial support to give back to the school programs or departments that are doing amazing things at their workplace to support health and wellness. We want to thank Horace Mann who is sponsoring these awards today. Mr. Brooks Hannula is here to present the two Healthy School/Well Workplace Awards this morning.

Brooks H. Thank you Paula. I am one of four local Horace Mann agents in Palm Beach County that have partnered up with the District's WPTF: Mrs. Theresa Goulet, Mrs. Donna Doonan, Mrs. Donna Peterich, and myself. On behalf of Horace Mann, we are pleased to present the first two Healthy School/Well Workplace Awards for the 2014-2015 school year:

- Jennifer Magrath-Singer – Wellness Champion of Conniston Community Middle School
 - *Kick Start the Holidays* – This event will educate and motivate staff and students to encourage them to lead healthy lifestyles. The health fair event will include guest speakers, healthy recipes, and a choreographed kickboxing routine for students and staff.
- Nancy Villarreal – Wellness Champion of the Information Technology Department – Fulton-Holland Educational Services Center.
 - *Walking Path* – This sponsorship will support this department to create a more accessible walking path for employees. As we know, walking decreases stress and increases productivity. Being more active during the day will motivate and inspire employees to participate in more fitness activities like 5K walk/runs.

Alyssa H. Congratulations to Jennifer and Nancy, we are really excited about the programs that you have planned for this school year. These funds will go toward helping them provide materials or anything they can use to make their program or event successful.

Paula T. Before we move on to the updates, I want to say that we have partnered with OneBlood, Inc. for the past five years. Our goal has always been to have 150 pints of blood collected here in this building. This past year, we collected 170 pints, and the year before that 151 pints. A total of **726** pints of blood have been collected over the five years. We are very excited to have this partnership and we encourage you to give blood. It really helps our community in need. Thus far this school year, we have collected a total of 20 pints as our 1st collection was on August 13th and we are going to utilize our platform for collection on the days of the Task Force meetings. Again - thank you all so much for being a hero and supporting our community.

Other School/Department Based Activities: Updates –

Natalia P. *Department of Communications and Engagement –*

- As always our department is here to support all of our schools and departments in the District.
- The District has a new Chief Strategic Communications Officer, Mr. Alex Sanchez. Under his leadership, we are doing a reorganization of our department which includes reinventing new ways to communicate and express all the different things that happen in the District. In the next few weeks you will see these new ways to communicate.
- If you have anything you would like us to disseminate, we have a new email address: goodnews@palmbeachschools.org. Please send any requests to this address and make



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your request as detailed as possible.

Division of Teaching & Learning Support –

Denise G. Elementary & Secondary Education – Physical Education –

- I am a K-12 Physical Education Health Resource Teacher. Mr. Eric Stern, the Administrator for Physical Activity could not be here; he is with Mrs. Amy Schneider (also a resource teacher) at the State Physical Education Conference in St. Petersburg where I will be meeting them later today.
- This past May 2014 we completed a three year, \$2.1 million Carol M. White Physical Education Program (PEP) Grant that has been implemented within all of our 109 elementary schools. Teachers received professional development training, curriculum updates, and fitness skills. With that each school received \$10,000 worth of developmentally/age appropriate equipment.
- We are also very excited that beginning this school year we are partnering with Caridad Center who has received a three year middle school PEP Grant worth \$2 million dollars. Physical education teachers will receive the same training and resources that was provided for the elementary grant.
- This is our fifth and final year of HealthTeacher sponsored by Miami Children's Hospital. This program provides online resources of health education tools including lessons, and GoNoodle short activity "brain breaks" for the classroom teacher. On August and September of 2014 we had 3,000 teacher activations on the site.
- Physical Education Professional Development trainings: August 14, 2014 we opened the school year with our K-12 Physical Education teacher training. Over 300 teachers attended and 25 school district vendors were available for the participants.
- We are excited to announce that for the next two years, Mr. Eric Stern has been recruited by the Florida PTA to chair the Health and Wellness Committee.
- Please vote on behalf of the children on November 4th.

Pete S. Secondary Education – Health Education –

- In Curriculum we oversee a grant from the Centers for Disease Control and Prevention (CDC) that we have now had for seventeen years. In October 2014 we honor Domestic Violence Awareness Month, LGBT History Month, Ally Week, Bullying Prevention Month, Health Literacy Month, and National Health Education Week. All of these are components of our CDC grant. This grant supports our Human Growth and Development classes which are taught in our science classes from kindergarten through 9th grade. We also work with the Health Care District of Palm Beach County and the Florida Health Palm Beach County for health services, as well as with Safe Schools and Single School Culture© Initiatives for parent engagement, school connectedness, LGBT support information and on policy.
- We have a new staff member; we hired a new resource teacher with our grant funding. Her name is Ms. Cheryl Phillips and she has been working in health and science for more than 15 years now.
- On October 8, 2014 we had the opportunity to present at Elbridge Gale Elementary



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School as part of our parent engagement. We did an internet safety program for parents. That is just a part of what our grant does to reach out to parents and students to make sure they feel safe.

Kim C. *Single School Culture© Initiatives – Behavior/Climate –*

- “Weight of Words” is a play being shown at Palm Beach Lakes Community, Seminole Ridge Community, Forest Hill Community and Boca Raton Community High Schools. Thanks to Boca Raton’s Promise and our Palm Beach County Action Alliance for Mental Health; they have purchased four licenses for us. The concept is based around the umbrella of bullying. Everything in it was written by students. These schools will offer this play to area middle and high schools to attend. We hope to see a nice impact as students begin to see the “weight” of their words. Around the 1st of February we will have a community showing that you are welcome to see (we will let you know the date as it gets closer).
- If you have not attended a Mental Health First Aid Training, this is being offered through Boca Raton’s Promise and the Alpert Jewish Family & Children’s Service (AJFCS). Our sheriff’s department has participated and has trained 300 of their officers. There is an adult training and youth training. It is a fabulous opportunity. 21% of our youth are having mental health issues, so this class will educate about the symptoms of these issues.

Rick L. *Single School Culture© Initiatives – Behavior/Climate –*

- We want to salute all of you who are working in your areas of domain to keep the idea going that *how we treat each other* matters as much as *what we do* in our work. We support schools who are trying to do the same thing. We are very pleased to know that many students feel the same way about it. We are working with the elementary Safety Patrols, Safe School Ambassadors, and the County Student Council to get them to look at issues of climate on their campuses.
- Ms. Kim Mazauskas has been nominated to be part of a state-wide task force to deal with the issue of hazing. We have a lot of bullying compliance requirements that will be put in place this coming school year; Kim has been managing those as well – quite admirably.

Michael K. *Single School Culture© Initiatives – School Counseling –*

- We hosted the 1st Annual Student Mental Health and Wellness Conference on June 12, 2014. We had over 175 educators attend. Over 92% of the participants rated the conference as very meaningful, relevant, and effective in their worth. We are excited about that and look forward to planning our next one.
- We have also conducted a series of professional development activities this school year with our school counselors that are focused on using our school based data system to identify equity gaps with our students, where are they struggling, and how can we use the decision making model to close those gaps. We conducted that training with over 300 counselors.
- We also had Detective Muñoz from School Police to discuss cyber bullying and sexting.



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That training has been provided to elementary, middle, and high school.

- We just completed a Breaking the Silence initiative and collaboration with Area 1. This is a curriculum that seeks to reduce stigma around mental illness. It targets grades 4th and 5th. We trained a group of Area 1 elementary school counselors to deliver that training. We are excited to see the kind of results we will get from our surveys on this.
- Upcoming events: Adolescent Depression Awareness Training on October 20, 2014 targeting high school counselors and others. You can register on eLearning Management system. There is a follow up parent seminar on October 21st.
- October 22, 2014 – Palm Beach County College Career Fair will take place at the Palm Beach County Convention Center. This is a free event and I encourage anyone in high school to attend.
- Student PATHS® Training is an opportunity for Delray area schools. It is an evidence-based curriculum proven to address and improve social and emotional learning (SEL), and interpersonal skills for children.
- One of our counselors has been recognized as Florida High School Counselor of the Year: Mrs. Theresa Hartl - we are very proud of her. We also have Dr. Anthony Hamlet who is being recognized as High School Administrator of the Year in his efforts to supporting school counseling at his school.

Division of Educational Alternatives and Interventions –

Stephanie W. *Afterschool Programming –*

- We have had a busy start to this school year. Prior to the year, we gathered our 96 afterschool directors and the School Food Service department to discuss the new USDA Smart Snacks in School Guidelines. All of our programs are now implementing those guidelines for their snacks and beverages.
- We have ten sites that implemented *Give 'em a Boost* initiative and *SPARK PE* with *Camp Boost* (which is a healthy lifestyles program) and *Food Explorations* which are healthy cooking projects. Last school year we had ten sites participating and this school year we grew to 24 so we are very happy about this progress.
- We created a new training called *Staying Well After the Bell*. This teaches afterschool practitioners information and resources about healthy eating and active play so they can bring it back to their school site.

Miguel B. *Choice and Career Options –*

- October 21, 2014 we will have the Showcase of Schools at the South Florida Fair Grounds. This is where we showcase all of our Choice and Magnet programs throughout the District. It is very important because this is where the parents and students have the opportunity to meet the teachers and administrators and learn what the programs have to offer.
- “Day in the Life of a Nurse” is going to be on November 7, 2014. This is a collaboration with the Nursing Consortium of South Florida, Inc.. Students go into hospitals and university systems to see what being a nurse is like for a day to encourage them to go to school for continued education in nursing or the medical field.



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- The National Parkinson Foundation and the Medical Sciences Academy have a new partnership to target medical academy students going to Florida Atlantic University (FAU). This will provide a full scholarship to FAU for students to continue their path in the medical field and to also encourage them to do community services hours with the National Parkinson Foundation. We have 32 semifinalists; one will be selected as the winner of this scholarship.

Debbie N. *Exceptional Student Education –*

- Mrs. Marla Phillips is our Wellness Champion in the department. She has been leading a District-wide project called, “It Takes a Village to Lose a Pound.” At the first official weigh-in we collectively lost 20 pounds.
- We are also supporting, and have a team developed for the Buddy Walk this coming Sunday, October 19, 2014 at John Prince Park. If anyone would like to join our team the registration opens at 8:00 a.m.
- The Exceptional Student Education Family Forum will be held at Santaluces Community High School on November 13, 2014 from 5:00 p.m. - 8:00 p.m. There will be a resource fair, an introduction by our director, Mr. Kevin McCormick and breakout sessions (some will be on compliance, children with Asperger’s Syndrome (AS), behavior issues, intellectual disabilities, physical impairments, Section 504, etc.). If anyone is interested in a table please contact Dr. Seth Bernstein at seth.bernstein@boystown.org or Mrs. Sharon Tarlow.

Cathy B. *Safe Schools (formerly Student Intervention Services) – Health Services –*

- We just wrapped up our two week, “Teach Flu a Lesson.” We partnered with the Florida Health Palm Beach County on this; they provided a contracted team of nurses who went into all of the schools administering the flu vaccine. The vaccine was also offered to staff. Right now we do not have the exact numbers, but we are estimating that over 20,000 vaccine doses were given in the last two and half weeks. This was the vision of Dr. Marsha Fishbane. She received our Lifetime Achievement Award at our District’s WPTF - *Wellness Celebration* last school year. This is a little clip of our experience at South Olive Elementary School:

FluMist Video: <https://vodcast.palmbeachschools.org/player/FIVOC> -- 2:48 minutes

Amy C. *Safe Schools (formerly Student Intervention Services) – Teen Parent Program –*

- I do have some good news along the Wellness route; nationally our teen pregnancy rates from 1992-2012 dropped 57%. That is the equivalent of 4 million children who would have been born to teenagers in that period of time. State-wide and Palm Beach County wide, we are doing some really great things to prevent teen pregnancy.
- I am currently working with 193 students. 108 children are receiving child care services provided by the District while their parents go to school. We serve teen mothers and teen fathers. Due to great health efforts and the success of this program, we have been able to give some money back to the District to put toward other important educational programs.



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Risk & Benefits Management –

Troy W. *Risk Management and Safety –*

- We have had a busy fall so far doing a lot of training with various departments within the District in regard to safety, Workers' Compensation, and promoting our special events guide.
- We have two new safety videos that are on Vodcast and eLearning Management now; one is on playground safety, and the other is about golf cart inspections. We just finished filming one on golf cart operating safety. Unfortunately we have noticed a trend with this issue and we are trying to educate and correct it. The videos are only about six minutes or less and they are well worth viewing.
- We have also revised our guide for special events this year to help schools plan their events safely. We are also currently working with the food truck promoters to make sure safety is in place for when people in the District would like to use food trucks at events.

Alyssa H. *Employee Wellness –*

- I am the Assistant Wellness Coordinator working with Mrs. Kim Sandmaier who is currently out on maternity leave.
- Our *Apple a Day* wellness event has kicked off today. It is very simple; eat an apple, take a group picture or a “selfie” and submit it for points. We are doing this to encourage healthy eating.
- We just had our Wellness Champion Kick Off meeting; it was superhero themed. We were able to share some successes and outline the program strategy for wellness events for this school year. We look forward to working with all the Wellness Champions; their motivation and dedication is the key to our success and we wanted to take a moment to thank them for all that they do.
- In September 2014 we had an Alliance for a Healthier Generation - Healthy Schools Program Technical Assistance training to offer help with the new participating schools and instructions on how to complete their applications. This year we had two schools who received National Recognition Awards from the Alliance: Forest Hill Elementary (Silver Level) and Everglades Elementary (Bronze Level). They received this recognition for transforming their campuses into healthy places for both staff and students. They were recognized in Washington D.C recently and will be recognized at the upcoming School Board meeting in November.
- Thank you to everyone who participated in the Wellness Rewards. We encourage everyone to take a look at their benefits and plan options during Open Enrollment: November 3rd – 21st. Stay tuned for more information about the new Health Rewards for 2015. We will be featuring onsite biometric screenings, health assessments, and telephonic coaching programs.

Division of Support Operations (DSO) –

Wendy B. *Environmental & Conservation Services –*

- We want everyone to know that at the 2014 Learn Green Conference a food collection



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will be done via the *Soul Source Project* to benefit the Palm Beach County Food Bank. Any food that is not eaten at lunch (and still sealed) will also be collected and be provided to a Food Bank as well.

James P. Maintenance & Plant Operations –

- Since the last WPTF meeting, our department has implemented a small gym called “Cardio Corner.” It has a treadmill, elliptical machine, and bicycle. The department has 14 employees who have completed the fitness waiver allowing them to use the gym.
- We encouraged our employees to get their flu shot by sending out email reminders, Tool Talks, etc. About 15-40 employees received their vaccine on October 7, 2014.

Allison M. School Food Service (SFS) – Nutrition Education, Standards and Promotion –

- *Florida School Breakfast Week* was September 15th – 19th. It was themed, “Roll Out the Red Carpet for Breakfast.” We purchased buttons, posters, and other decorations for all of the lines in our school cafeterias. We have a video from Timber Trace Elementary. I would like to thank the staff at that school and TEN for filming this for us.

Florida School Breakfast Week Video:

<https://vodcast.palmbeachschools.org/player/CY3ZV> -- 2:06 minutes

- Three of our schools enter the “What Works” Contest through the Florida Department of Agriculture and Consumer Services (FDACS). Conniston Community Middle was awarded 1st place for their entry so that was very neat.
- FDACS came down and did a Florida Farm to School Regional Workshop at FAU’s Pine Jog Environmental Education Center on October 9, 2014. School Food Service was present; Mrs. Jamie McCarthy and I did a “Success Story” presentation on our Farm to School initiative here in Palm Beach County.
- *National School Lunch Week* is happening right now (October 13th-17th), and the theme is “Get in the Game with School Food Service.” If you visit any of the cafeterias this week you will see a lot of sports theme decorations to encourage participation.
- We are also doing Customer Appreciation Week; we have a ParentLink phone call going out soon about this. Each child who receives a reimbursable meal will receive a Polish Ice, which is a 100% frozen fruit offering. They could also purchase it for 0.50 cents if they were not receiving a reimbursable lunch that day.
- We recently developed the *2014 School Garden Development Guide*. We worked with a number of DSO departments on this guide: Environmental & Conservation Services, Maintenance & Plant Operations, and Program Management. We do have some hard copies of this guide but it can also be found on our SFS website: <http://www.palmbeachschools.org/sfs/downloads.asp>. This is a great resource for teachers at schools who are interested in starting a garden; we have many gardens that are already operational in the District. This covers the different types of gardens, requirements, what grows well, prohibited and recommended plants, pest management, fertilizing options, soil, irrigation, and contact information etc. We want to thank the University of Florida/IFAS Cooperative Extension Palm Beach County because they helped us with much information and resources in this booklet.



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- SFS would also like to reach out to anyone who is harvesting fruits and vegetables from their gardens to offer the ability to do taste testing in the cafeteria lines. If you are interested in doing this in your school we would like to partner in that initiative. In the kitchen we can properly wash the produce, prepare it, and do taste testing on the line for the students.
- Nutrition Standards for Smart Snacks in School: As Stephanie Wagner mentioned, we met with the Afterschool Programming directors to talk to them about the new guidelines. We also sent a bulletin out to all principals letting them know when these snacks can be served and what is allowed to be served. We also met with the Wellness Champions at their Kick Off meeting and we did a presentation on this important topic -- we are trying to spread the word about what is Smart Snacks in School compliant. We have a Smart Snacks Product Calculator on our SFS website - simply enter the product information, answer a few questions, and determine whether your beverage, snack, side or entrée item meets the new USDA Smart Snacks in School Guidelines.
- Community Eligibility Provision (CEP) Program: As you heard from Lori earlier, we have a “Power Up With Breakfast” campaign that offers free breakfast for all students. We are now moving forward with trying to get free lunch in many of the schools for all of the students. In order to do this, we need your help. We need to reach out to all community members that currently use our Free and Reduced percentage; for example if you request students to bring in their Free and Reduced letter in order for them to qualify for some other program or benefit. If you could reach out to me that would be great because we need to know if you are using this information. As we move forward with this CEP program, by mandate, the way we normally run Free and Reduced in School Food Service needs to change. We want to make sure that we communicate with everyone who is using that information. This will ensure that you will be able to get the information that you need so you are still able to provide services to students since many of them may not receive a Free and Reduced letter from us anymore.
- We initiated an Extended Day Snack Program just last week. This is for schools who are offering the extended hour. Normally they had an Afterschool Snack Program where we were able to provide the snacks just to the students who were in Aftercare. We found out through state regulations, that on this extended day we are actually allowed to offer the snack *during* that extended hour. What that meant, is that instead of reaching only students who are in Aftercare, we were then able to reach all of the students who were in school that day. In that last hour of the extended day, most students are probably hungry so this allows them to receive a snack during that time.
- We are starting a Supper Program in four schools on January 6, 2015. These schools are: Hope-Centennial, Highland, Clifford O. Taylor/Kirklane, and Forest Park Elementary schools. Students will be able to get a complete meal, as they do during lunch, in the Afterschool Program. Students, who also stay the extended hours, can then still receive the afterschool snack. This is a pilot program; if it goes well will be able to extend this to other schools in the future.



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Mindy H. *Parent Teacher Association (PTA/PTSA) –*

- First I would like to say thank you for opening your doors to PTA. We will be housed at the C-110 office of the Department of Communications and Engagement. Starting next week we will have a phone number and an in-house email address. We want to thank everyone who has helped us achieve this.
- PTA does support Referendum # 2 and we ask you to vote “yes.”
- Anything you would like us to get out to our members, please feel free to let us know.
- October 8, 2014 was International Walk to School Day event. We had five PTA schools participate in that event: Hammock Pointe, Del Prado, Sandpiper Shores, Sunrise Park and Whispering Pines Elementary schools. I know there were many others, but these were the schools who reported to us.
- Eagles Landing Middle, Sandpiper Shores Elementary, and Hidden Oaks Elementary were three of the national PTA recipients of the National School of Excellence. In the PTA world, this is a very big deal and we are really proud of these schools. Palm Beach County is a fantastic county; everything that we do here and back in our offices is a great example to the rest of the state. Thank you for all the motivation from this meeting.

Paula T. Thank you all so much for these important updates.

We would like to announce again, that this is the 9th year of the District’s WPTF and we want to continue this momentum and cultivate more unity to serve our community, students, and faculty. We are very thrilled to keep this responsibility going.

I also wanted to announce that this would be our 4th year of having a *Wellness Celebration* in December. We have had three prior fabulous *Wellness Celebration* events to recognize students, faculty, and community members that have graciously supported and maintained our wellness culture goals and objectives. This year we will have a traditional Wellness Promotion Task Force meeting on December 4th and we will be reassessing the timing of the *Wellness Celebration*; we may be moving it to May this school year. With the changes in testing, audits, and reviews we are having we did not feel that this would be the most beneficial time to have this valuable event. We will celebrate the holidays, and will hopefully have something fun here at the meeting on December 4th.

Again - I just want to thank you all for your support, commitment, and your time. I think that the networking that goes at all of the WPTF meetings and the underground conversation are just amazing.

We also want to say thank you to all of our partners, including PNC Bank (new partner to the WPTF) who has given us a wonderful door prize to give away at the end of this meeting. We also wanted to announce that Memory Trees gave us five “Tree in a Box” door prizes. These can be used as possible green fundraisers at school centers. Debbie and Rudi Bester from Memory Trees are here if anyone would like to talk to them about this opportunity.

We are honored to have our Chief Support of Operations, Steve Bonino here to give our closing remarks before we move on to our door prizes.

Steve B. Good morning everyone. I would like to share one personal and one professional story. I am the proud father of a seventeen year old son. He has grown up in the public school



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system, and I will say what a great education he has received. He just sat down last Saturday in front of a congressional nomination panel to receive his nomination to pursue what he wants to be and that is a general surgeon coming from the United States Naval Academy. What he has received is unconditional support not only from his parents but from his school and people out in the community. That is exciting to watch; he interns right now with Congressman, Patrick Murphy and has risen to the level of the top intern. He is filling out applications and writing essays nonstop. The one thing that I think separates a lot of the universities from the academies is that they have a candidate physical fitness process that they have to go through. I have been training him for the last few years now, and he takes this very seriously. It is a neat thing that this requirement is there. It is quite a lengthy process; it looks at leadership, academics, and wellness as a whole. What we are doing here is not only important to me and my family, but to every single family. That is really where I cross the line from personal to professional. What we are doing is exceptional and unconditional. It is different to what most districts are doing out there. I believe we have raised ourselves to the top in terms of wellness. I want to say thank you to everybody for your support and for being here today. To Paula, Allison, and team, thank you for taking the ball and running with it at a very feverish pace.

Paula T. Thank you so much, Steve.

We now would like to ask any external partners to come forward to give their updates or comments if they have one.

Connie S. *American Association of Caregiving Youth* –

- I would just like to add that at our next meeting we will be doing “sock selfies.” I will be taking photos, so be sure to bring your fun socks. This is in preparation for our large event about walking in the shoes of a caregiving youth. If you do not take off your own shoes, you cannot walk in someone else’s. We will be making a large collage of all the photos to show caregiving youth how much we care about them.

Lisa R. *Richard David Kahn Melanoma Foundation* –

- On July 29, 2014 the U.S. Surgeon General made a call to action regarding the critical nature of melanoma and our population.
- If you receive an email with the subject matter “RDK Melanoma Foundation,” please just take a few moments to open it up because I guarantee you will see up and coming events that we will be having for students and families, student opportunities for community service, or the latest lifesaving sun safety protocol.
- Our next community event is on October 25, 2014 at the Gardens Mall called “Love the Skin You’re In.” Visit our website for more information:

<http://www.melanomafoundation.com/>

Diane E. *Girls on the Run* –

- We take a holistic approach to health in our program by helping to feed the brain as well as providing physical activity for the girls in our program.
- At every single session we provide a fresh fruit or vegetable for the girls to try as an encouragement to eat healthy snacks. This is part of a grant from Allegany Franciscan Ministries.



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- We are proud to partner with the District and thank the teachers who take the time to coach the girls, and the principals who support the program as well. We finish with a celebratory run that the girls have been training for 12 weeks for; please feel free to join in for this walk/run or stand on the side to cheer them on. This will be Sunday, November 23, 2014 at the YMCA in Boca Raton at 7:30 a.m.

Debbie B. *Memory Trees* –

- I feel inspired by all the work that you do to support wellness in the community. I want to point out that there are two grants that are made available to those who would like to start a school garden and the information is in your packet. There is also the opportunity to win a “Tree in a Box” which can be a way to foster green fundraising in your schools. This is a great way to increase the amount of green space in the community and will also make a nice gift this holiday season.

Brian T. *Road Warriors* –

- I am honored to be here today. I just have a quick message. I am the guy who ran across the country with two ESE students in 2012. I am also the guy, who six months later was diagnosed with stage IV melanoma and was told that he has three months to live. Thanks to my own will and very importantly, the community coming together, I was able to heal. I want to thank you guys who are here today. I am back with the same two boys, who are now adults, and we will be running across the country again starting June 6, 2015 to raise funds for a local teacher and a local student who have cancer. The funds we raise will go to them for their medical bills and expenses. We would love for you to be on board. Check out our website www.roadwarriorscorp.org for more information on the many events coming up.

Geoffrey S. *Localecopia* –

- Wednesday, November 19, 2014 Localecopia is having their next Meet and Greet. It will be at the Breakers Palm Beach from 1:00-3:00 p.m. This will be an opportunity for you to meet local farmers, producers, and those who grow the food of the community. If you have any questions, please contact us at info@localecopia.org.

Pat S. *Nutracize Empowerment Program* –

- I created this program in response to the childhood obesity epidemic. I have been active in securing a federal grant from the USDA to bring this program to SNAP recipients. My letter of intent was accepted, and the opportunity is coming up again in December. I would love to bring this program to all schools in Palm Beach County since Pilates is known to improve so much in terms of fitness. Combining that with nutrition education would empower people to make good decisions. I spoke with Mr. Eric Stern, and Ms. Kim Cotton Williams and I feel that I am getting closer. I have a little ways to go and would love the opportunity.

Pete S.

- I mentioned earlier in my update that this is Lesbian, Gay, Bisexual, and Transgender (LGBT) History Month, as well as this week being Ally Week. I just wanted to make you aware that at tonight’s School Board meeting there will be a proclamation to that



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effect and an award given. I just wanted everyone to be aware of how much this affects our students. Nationally, 6-10% identifies as LGBT and another 18% of them have family members that identify as LGBT. Two years ago when we first issued this proclamation, we were only one of three districts in the country along with San Francisco and Broward County. We were an early adopter and now we are one of many districts who do this.

Paula T. Thank you very much everyone and now we would now like to give out our door prizes.

Door prize tickets drawn and winners announced.

Meeting ended at 10:50 a.m.

Goals:

Short Term	Long Term
<ul style="list-style-type: none"> ❖ Promote the Employee Wellness Apple a Day campaign through November 4th. ❖ Promote the application process for Memory Trees School Garden Grant opportunity to school centers - deadline is November 30th. ❖ Judge the winners of the Healthy School/Well Workplace Awards that will be given out at the December 4th WPTF meeting. ❖ District's benefits open enrollment November 3rd – 21st. ❖ Promote and support district and community "Events and Announcements" – information will be provided. ❖ Promote the "Weight of Words" play when offered to the community (date TBD). ❖ Promote Road Warriors website to support/participate in their upcoming events: www.roadwarriorscorp.org ❖ Submit the Wellness Promotion Policy (2.035) and Wellness Promotion Goals and Objectives revisions through the District's Legal Services Department policy revision process for review and 1st reading. ❖ Complete the development of the FY-2014 Wellness Promotion Policy (WPP) Annual Report. Present at a School Board Workshop the WPP Annual Report – February 4, 2015 	<ul style="list-style-type: none"> ❖ Continue to support OneBlood at the District building Blood Drives and other locations. ❖ Continue to support the Soul Source Project with collaboration of the Palm Beach County Food Bank at the school and district levels. ❖ Continue to seek community stakeholders that bring value to the District's Wellness Promotion Task Force. ❖ Continue to promote the Wellness Rewards Program and Employee Wellness. ❖ Continue to promote EAP's Stress Management Tips for Mental Health.



The School District of Palm Beach County, Florida

Wellness Promotion Policy (2.035)

Meeting Notes

Date:

October 15, 2014

SY 2014-2015 Upcoming WPTF Meetings:

Date	Time/Location	Topics To Be Discussed
Thursday, December 4, 2014	3:00 p.m. – 5:30 p.m. Board Room	<ul style="list-style-type: none"> ▪ “Healthy School/Well Workplace Awards” ▪ Kids Safe Foundation
Wednesday, February 4, 2015	8:30 a.m. – 10:30 a.m. Board Room	<ul style="list-style-type: none"> ▪ 5-2-1-0 Campaign – community support ▪ Scripps Florida – Education Programs ▪ The Essence of Mindfulness Practice
Wednesday, April 8, 2015	8:30 a.m. – 10:30 a.m. Board Room	<ul style="list-style-type: none"> ▪ Nutrition Standards - <i>Smart Snacks in Schools</i> continued progress ▪ Exceptional Student Education
Thursday, May 14, 2015	3:00 p.m. – 5:30 p.m. Board Room	<ul style="list-style-type: none"> ▪ – Special Needs ▪ Human Trafficking ▪ Girls on the Run ▪ Building a Safe School Environment ▪ Single Point of Entry – Keeping our School Safe ▪ Urban League of Palm Beach County, Inc. ▪ Financial Literacy ▪ HealthCorps University Partnership ▪ Potential Community Stakeholders <i>and many more topics to come...</i>

Change in Current Policy, Procedure and/or Situation:

Due to the USDA’s Proposed Rules of the *Local School Wellness Policy Implementation Under the Healthy, Hunger-Free Act of 2010 (7 CFR Parts 210 and 220)* – the District is working on the process to revise the Wellness Promotion Policy (2.035) and the Wellness Promotion Goals and Objectives documents. This process will require a detailed timeline and review of all stakeholders with the support of the Legal Services Department.

Wellness Promotion Task Force – *Mission Statement* ~

To create an educational forum that allows District and community partners to successfully collaborate in the promotion of healthier lives. With the District’s ultimate goal of improving student performance, the direction of the Wellness Promotion Task Force is to encourage a proactive approach to holistically address the health, wellness, and safety of all school children and staff, parents, and the community.